

Missouri Retired Teachers Association presents...

Tropical Costa Rica

with Optional 3-Night Jungle Adventure Pre Tour Extension

March 26 – April 3, 2026



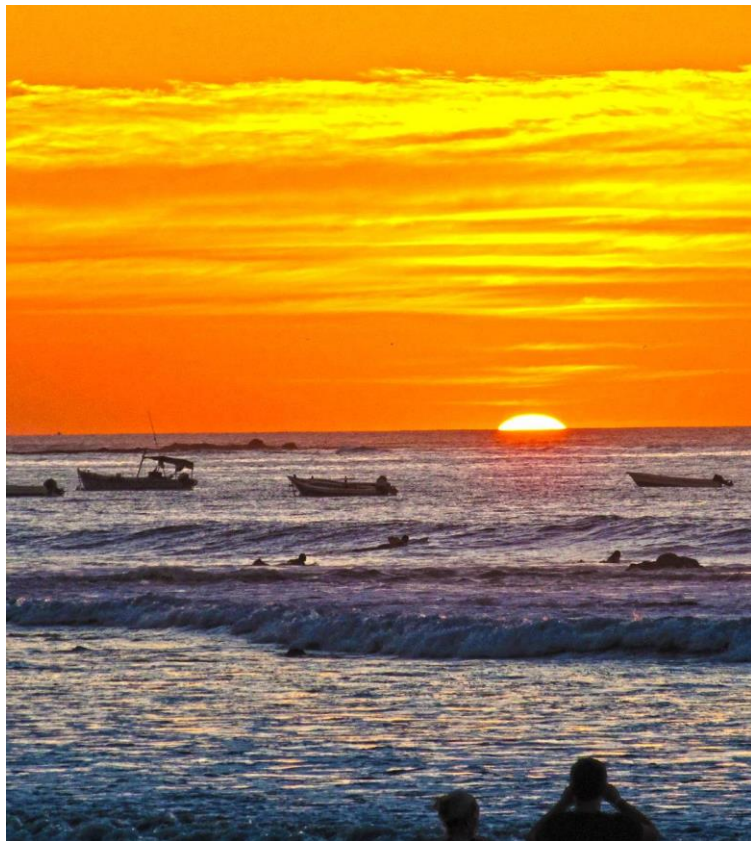
Book Now
& Save
\$600
Per Person



MISSOURI RETIRED TEACHERS ASSOCIATION
AND PUBLIC SCHOOL PERSONNEL

For more information contact
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Missouri Retired Teachers Association
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travel@mrta.org

collette



9 Days • 14 Meals: 8 Breakfasts, 1 Lunch, 5 Dinners

HIGHLIGHTS... San Jose, Coffee Plantation, Arenal Volcano, Cano Negro Refuge, Lake Arenal Cruise, Farm Tour and Lunch, Monteverde Cloud Forest, Choice on Tour: Monteverde Hanging Bridges or Canopy Adventure, Guanacaste

ITINERARY AT A GLANCE

Day 1 Doubletree Cariari Hotel, San Jose
Days 2 – 4 Mountain Paradise Hotel, Arenal
Days 5, 6 El Establo, Monteverde
Days 7, 8 Nammbu Beachfront Bungalows, Guanacaste

On some dates alternate hotels may be used.

Day 1: Thursday, March 26, 2026 San Jose, Costa Rica - Tour Begins Your trip to Costa Rica opens in the colorful capital city of San Jose, the perfect place to relax and soak up the sights as your adventure begins. As guests' arrival times will vary, we have not included any sightseeing or meals today.

Day 2: Friday, March 27, 2026 San Jose - Coffee Plantation - Arenal Welcome to the Central Valley. Begin with a tour of a local coffee plantation highlighting the history and cultivation of this driver of the Costa Rican economy. This afternoon, check in for a leisurely 3-night stay at a lodge overlooking the majestic Arenal Volcano. Get to know the Costa Rican culture this evening. (B, D)

Day 3: Saturday, March 28, 2026 Arenal - Cano Negro - Arenal Embark on a Cano Negro guided riverboat trip in a covered canoe known as a panga. These 20,000 acres are home to the largest viewable collection of indigenous wildlife in all of Costa Rica. Go in search of caimans, river otters, sloths, monkeys, river turtles, exotic birds and rare butterflies. Later, return to Arenal for the chance to relax at your resort. (B)

Day 4: Sunday, March 29, 2026 Arenal Today, explore a family-owned farm, getting a peek into the daily lives of the locals. During a tour of the gardens, learn how the plants are organically grown through the concept of sustainability. The farm considers itself a "classroom without borders." Taste the exotic fruit harvest and experience the traditional way to process sugar cane. Enjoy a sip of cane liquor before engaging in a culinary demonstration and a farm-to-table lunch. (B, L)

Day 5: Monday, March 30, 2026 Arenal - Lake Arenal Cruise - Monteverde Enjoy a delightful cruise on Lake Arenal, Costa Rica's largest and most important lake. Then, it's off to the secluded Monteverde Cloud Forest, a place you have to see to believe, where trees grow to heights of 100 feet! Set off on a nature walk through this spectacular ecosystem, where you're sure to encounter many incredible species of flora and fauna. (B, D)

Day 6: Tuesday, March 31, 2026 Monteverde It's your choice! This morning, join an expert for a leisurely paced "Hanging Bridges" walking tour to gain a different perspective of the cloud forest's lush ecosystem **-OR-** take an exhilarating ride on one of the longest canopy zip line tours in Costa Rica. No matter what you choose, we all come together to explore one of the world's largest butterfly gardens before lunch. Your afternoon is at leisure, or, if you would like to do both the hanging bridges and the zip line tour, you may purchase the second as an option on tour. This evening, take part in an expert-led discussion about the migratory birds that flock to Costa Rica. (B, D)

Day 7: Wednesday, April 1, 2026 Monteverde - Guanacaste Today we make our way to breathtaking Guanacaste, known for its fine sandy beaches. Settle in for a relaxing 2-night stay at your resort and take in the mesmerizing ocean views. (B, D)

Day 8: Thursday, April 2, 2026 Guanacaste Fun in the sun is in store today as you explore the nearby beaches, or simply relax by the pool and take advantage of your resort's lovely amenities. This afternoon, visit the delightful beach town of Samara for some local culture. Return to your hotel in time to catch a Costa Rican sunset and soak in the spectacular colors as the sun illuminates the natural landscape before your final dinner. (B, D)

Day 9: Friday, April 3, 2026 Guanacaste - Tour Ends Today you depart for home with fabulous memories of your Costa Rican adventure. (B)



Book Now & Save \$600 Per Person:

Double \$3,629; **Double \$3,029***
 Single \$4,129; **Single \$3,529;**
 Triple \$3,599 **Triple \$2,999**

Book Now
& Save
\$600
Per Person

For bookings made after Sep 26, 2025 call for rates.

Included in Price: Round Trip Air from Lambert St Louis Intl, Kansas City Intl Airport or Springfield Branson Regional Airport, Air Taxes and Fees/Surcharges, Hotel Transfers

Not included in price: Cancellation Waiver and Insurance of \$549 per person

* All Rates are Per Person and are subject to change, based on air inclusive package from STL

IMPORTANT CONDITIONS: Your price is guaranteed once deposit is received and booking confirmed by Collette. Your price is not subject to increase after the deposit is received and booking confirmed, except for charges resulting from increases in government-imposed taxes or fees. (See registration form for consent.)

Important Tour Information:

Book Now rates valid until Sep 26, 2025, valid on air inclusive packages only.

The overall activity level of this tour is a level 3. This means you're an on-the-go traveler. You don't want to miss a thing, so walking and standing for longer periods of time (2-3 hours) isn't a big deal. A moderately paced two-and-a-half-hour walking tour, covering several miles, hills, and uneven surfaces, is no problem for you. Walking four miles over the course of a day is very doable, as is climbing into and out of various modes of transportation (tuk-tuk, cable car, zodiac, etc.). You can climb three flights of stairs easily and handle altitudes between 6,000 and 9,000 feet. Expect some longer days with early mornings or late nights balanced with free time to recharge or set out on your own adventure. This level is not a fit for travelers who require mobility assistance devices.

Travel with an average of 37 people (maximum of 44).

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

We want you to enjoy your tour with us; therefore, it is important that you know this tour is an adventure! You will view spectacular scenery while experiencing the culture and heritage of the region. We have selected small, comfortable hotels for their locations and they may be considered rustic.

Many accommodations can be spread out and you should be prepared to walk a variety of terrain to get to public spaces like resort lobbies and restaurants; you may need to access your room through outdoor pathways.

Elevators and air conditioning are not available in most accommodations used on this tour.

Single accommodations are limited and are available on a first-come, first-served basis. Single rate subject to change based on availability.

The roads in Costa Rica are notoriously poor and impacted by heavy rains each season making them bumpy and requiring lower driving speeds. In order to experience all that we have included on this tour, we will spend an average of 4-5 hours on your coach to travel to your next stay. You can expect winding and some unpaved roads along the way.

Experience It! Monteverde Cloud Forest

Only four places in the world boast an ecosystem so unique that it produces a cloud forest, and Costa Rica is one of them. Situated high on a mountain, the Monteverde Cloud Forest is created by the forest's dry air combining with the humid, hot air of the rainforest. The result is a blanket of clouds that covers the forest, mimicking constant rainfall. This extremely wet environment has bred a diverse world of exotic flora and fauna. One of the cloud forest's most famous residents is the endangered, resplendent quetzal. This colorful bird sports a golden beak and a green-hooded head, tail feathers of gray, black, and white, and a vibrant scarlet breast. Highly elusive, quetzal sightings are rare, but absolutely unforgettable when attained.

EXTEND YOUR VACATION WITH

Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

Per Person Rates: \$999.00 USD double, \$1,199.00 USD single, land only

For more information on extensions and options for this tour visit
<https://gateway.gocollette.com/link/1324126>



162 Middle Street
Pawtucket, RI • 02860
Phone: 866-757-5203 Fax: 1-401-727-9014

BOOKING NUMBER: 1324126
DEPARTURE DATE: March 26, 2026

TOUR: Tropical Costa Rica
GROUP NAME: Missouri Retired Teachers Association

Available Options

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first serve basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change.

Children under the age of 18 **MUST** be accompanied by an adult.

Monteverde Cloud Forest



Canopy Adventure

\$75 USD

Experience the unique sensation of flying through nature! For nature lovers, the greatest adventure of all is to take a Zip Line Canopy Adventure Tour. Selvatura Adventure Park and Canopy Tour is one of the best soft adventures in Costa Rica. Canopy Tour guides start by outfitting you with the appropriate equipment; then they take you through each of the 12 cables and 19 platforms and through the Tarzan Swing (optional). Selvatura Park is one of the longest Canopy Tours in Costa Rica, and is the only zip line canopy tour located inside the actual virgin cloud forest of Monteverde. Feel pure adrenaline and excitement of flying up to 35 miles per hour, viewing magnificent landscapes. Zip lines ranging from 120 to more than 2,000 feet in length and 60 to 400 feet in height let you experience the cloud forest from a whole new perspective. The tree top canopy tour not only offers a great adventure but also an opportunity to observe wildlife in its natural habitat. Trained personnel (accredited by the Costa Rican Institute of Tourism) accompanies you throughout the tour. If you are looking for a fun adventure and amazing rides, this canopy tour is your best choice. Please note: This option must be booked at least 30 days prior to departure and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant. *Duration: Approximately 3 hours.* Please note a minimum of 2 passengers is required. Transportation is included.



Monteverde Hanging Bridges

\$75 USD

Explore the cloud forest reserve in the heart of Monteverde from up above as you walk among the treetops with a local expert. Embark on a guided walking tour high above the forest floor on a leisurely paced "Hanging Bridges" tour and gain a different perspective of the cloud forest's unique ecosystem, its mammals, birds, plants and flora. Admire the forest floor bursting with natural wonders, wildlife, and take in the amazing vistas. Take advantage of this unique opportunity to get up close to the indigenous wildlife in their natural habitat as your local expert shares stories of this incredible landscape and the ecology of the cloud forest. *Duration: Approximately 2.5 hours.* Please note a minimum of 2 passengers is required. Transportation is included.



Branches reaching out into the swamp, creatures bustling through the undergrowth, and long-necked birds wading into the cloudy water. The mangroves of Costa Rica are not only essential to the larger ecosystem but also function as an ethereal waterway that will make you feel as if you've been transported to another world. Mangrove trees live in swamps where saltwater meets fresh water, creating a flourishing home for a wide variety of animals. On your kayak, discover an intimate look at the local wildlife as you gently paddle six miles down the Ora River. Keep an eye out for playful monkeys and explorative iguanas scurrying up the trees. Follow your guide as you coast along the water, making your way along the winding river and taking in the nature all around you. Availability is based on river or sea conditions and cannot be guaranteed. This tour often runs at the same time as the Dolphin & Snorkel Adventure due to the tide schedule. Therefore, you can only book one of these optional tours, not both. *Duration: Approximately 3 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

Dolphin Watching & Snorkel Experience

\$70 USD

Get a different perspective of the Costa Rican wildlife when you venture into the natural habitat of a dolphin family. With a guide, get a firsthand look at these elegant creatures and watch as they play along the water's surface. Home to an abundance of animals, keep an eye out for other creatures as well. If you're lucky, you may even spot some whales or turtles! Afterwards, try your hand at fishing as you cast your line into the blue waters of the Pacific. You'll also get a chance to swim and snorkel in the warm waves along the coast, getting a closer look at the sea life. Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. This tour often runs at the same time as the Mangrove Kayaking on the Ora River due to the tide schedule. Therefore, you can only book one of these options. *Duration: Approximately 4 hours.* Please note a minimum of 10 passengers is required. Transportation is included.

For Internal Use Only

A deposit of \$698 per person is due upon reservation. Reservations are made on a first come, first served basis. Reservations made after the seat reduction date of September 19, 2025 are based upon availability. Final payment due by December 26, 2025. Deposits are refundable up until September 26, 2025.

YOUR INFORMATION:

Clearly print your full name (first/middle/last) as it appears on your government issued travel documentation.

IMPORTANT: In order to avoid any unnecessary change fees, it is imperative that all guest names are entered correctly from the start. The information below must be the legal name and be 100% identical to the ID being used to travel <passport/driver's license> including middle names or suffixes <Jr, Sr>.

First: _____ Middle: _____ Last: _____ Suffix: _____

Nickname: _____ Gender: () Male () Female Date of Birth: month _____ day _____ year _____

Address: _____ City: _____ State: _____ Zip Code: _____

Phone: () _____ Cell: () _____ Email Address: _____

Should you become ill or injured, whom should we contact (not traveling with you): _____ Phone: () _____

ROOMING WITH: Check if address is the same as Passenger #1

First: _____ Middle: _____ Last: _____ Suffix: _____

AIR GATEWAY: Departure airport for this tour: _____

Air Seat Request: () Aisle () Window () Next To Traveling Companion

Collette cannot guarantee your seat preference. If you have not purchased air through Collette and wish to purchase transfers, you must transfer at our pre-scheduled times.

Please be advised, when travelling as part of a group, many airlines do not provide seat assignments. Preferred seating may be available for an additional charge.

"Federal law forbids carriage of hazardous materials such as aerosols, fireworks, lithium batteries & flammable liquids aboard the aircraft in your checked or carry-on baggage. A violation can result in 5 years' imprisonment and penalties of \$250,000 or more. Details on prohibited items may be found on TSA's "prohibited items" web page: <http://www.tsa.gov/traveler-information/prohibited-items>."

TRAVEL PROTECTION: () Yes, I wish to purchase travel protection \$549 () No, I decline

If you choose not to purchase Collette's Waiver Insurance Plan, you will incur penalties for changes and cancellations. Travel Protection Payment is due with first deposit. The Waiver Fee does not cover any single supplement charges which arise from an individual's traveling companion electing to cancel for any reason prior to departure. The single supplement will be deducted from the refund of the person who cancels. (There is coverage under Part B which includes a single supplement benefit of \$1,500 for certain covered reasons. See Part B for details.)

EXTENSION: I wish to purchase "3-Night Jungle Adventure" () Yes () No

PLEASE MAKE CHECKS PAYABLE TO: Collette



TOUR: Tropical Costa Rica
GROUP NAME: Missouri Retired Teachers Association

DEPARTURE DATE: Mar 26, 2026
BOOKING NUMBER: 1324126

AVAILABLE PREPAID OPTIONS

Personalize your tour by adding an optional activity below. Our recommended options have been carefully chosen to help enhance your individual experience. Complete the provided Prepaid Options Form to reserve your options.

Availability is limited and reservations are on a first come, first served basis. Payment must be received no later than 15 days prior to departure. Prices are subject to change. Children under the age of 18 MUST be accompanied by an adult.

PASSENGERS NAME: (Please submit a separate form for each passenger)

Salutation: _____ First: _____ Middle: _____ Last: _____ Suffix: _____ Nickname: _____
(Mr., Mrs., Rev.) (Please print **EXACTLY** as it appears on Passport) (Jr., Sr.)

✓	Option	Price Per Person (USD)
	Canopy Adventure <i>Please note: This option must be booked at least 30 days prior to departure and is non-refundable within 15 days of departure. This adventure is NOT recommended for clients who have high blood pressure, back or heart problems or women who are pregnant.</i>	75.00
	Monteverde Hanging Bridges	75.00
	Mangrove Kayaking on the Ora River <i>Availability is based on river or sea conditions and cannot be guaranteed. This tour often runs at the same time as the Dolphin & Snorkel Adventure due to the tide schedule. Therefore, you can only book one of these optional tours, not both.</i>	65.00
	Dolphin Watching & Snorkel Experience <i>Wildlife sightings are not guaranteed. Activity is dependent on ocean and weather conditions. This tour often runs at the same time as the Mangrove Kayaking on the Ora River due to the tide schedule. Therefore, you can only book one of these options.</i>	70.00

Extend your vacation with

Optional 4 Days 3-Night Jungle Adventure Pre Tour Extension

Per Person Rates: \$999.00 USD double, \$1,199.00 USD single, land only

8 Meals: 3 Breakfasts, 3 Lunches, 2 Dinners

Day 1: San Jose, Costa Rica - Extension Begins

Arrive in San Jose, Costa Rica's capital city for an overnight stay.

Day 2: San Jose - Tortuguero National Park

This morning set out for an exciting soft-adventure jungle experience in Tortuguero, the Amazon of Costa Rica, in search of wildlife such as macaws, sloths, monkeys, falcons and other native species. Depart your San Jose hotel via private transportation for a transfer to the dock where you board an open-air boat with other travelers to journey into Tortuguero's unspoiled paradise. Check into an eco-lodge built in harmony with nature using the best sustainability practices – where fans create breezes instead of air conditioning and meals feature locally sourced ingredients prepared with Caribbean flair. *Today breakfast, lunch and dinner will be included.*

Day 3: Tortuguero National Park

An early morning bird watching excursion* is offered so you may learn about the variety of local species and migratory birds that flock to this area. Join your fellow lodge guests on a spectacular boat cruise through the various canals and be sure to keep an eye out for wildlife including howler monkeys, sloths, toucans, aquatic birds, bats and caimans, as well as exotic flora. Tortuguero National Park is a study in rainforest, freshwater, and marine biology. It protects over 350 species of birds and mammals including green macaws; 57 species of amphibians; 111 species of reptiles; and 60 mammal species, including 13 of Costa Rica's 16 endangered species including jaguars, tapirs, ocelots, cougars, river otters and manatees. *Today breakfast, lunch and dinner will be included.*

Day 4: Tortuguero National Park - San Jose

Depart Tortuguero National Park today to return to San Jose where the rest of your adventure awaits you! *Today breakfast and lunch will be included.*

Important Tour Extension Information:

The overall activity level of this extension is a level 3. This means walking and standing for longer periods of time (2-3 hours) isn't a big deal for you. You can navigate hills and uneven ground, climb into various modes of transportation (tuk-tuk, cable car, zodiac, etc.), and could possibly anticipate changes in elevation. Walking four miles over the course of a day is very doable as is climbing 3 flights of stairs. You can handle altitudes between 6,000 and 9,000 feet. You can expect some longer days balanced with free time. This level is not a fit for travelers that require mobility assistance devices.

Fully-guided extensions are a great way to explore a new destination. Enjoy sightseeing and local experiences led by a Tour Manager or local expert.

We reserve the right to cancel this extension if a minimum of 4 passengers is not met to operate.

Extensions are subject to availability and applicable charges at time of request.

River boats are used throughout the stay in Tortuguero National Park. Travelers must be willing and able to step on and off the deck of a docked boat.

If you require any special assistance while on tour, please make us aware at time of reservation so the necessary request form can be sent to your attention.

Your transfer from the San Jose hotel to the dock and on the land return back to the San Jose hotel is private. Upon arrival at the dock, the boat transfer is provided by your Eco Lodge, which you will be joined by other like-minded adventurous guests of the lodge. During your time in Tortuguero, the Eco Lodge will provide you with an exclusive local naturalist guide and all included activities and meals. This price includes activities and meals as outlined; roundtrip transportation to Tortuguero; 1 night in San Jose and 2 nights at the Evergreen, Aninga or Pachira Lodge.

*Morning bird watching excursion is weather-dependent.

Order of sightseeing is subject to change.

In keeping with best practices for sustainability and responsible tourism set forth by the Rainforest Alliance, the hotel in Tortuguero does not offer air conditioning.

Due to luggage size and weight restrictions on the boats, please bring an overnight bag for the 2-night stay in Tortuguero National Park. Please make arrangements with the concierge's desk at the hotel in San Jose for luggage pick up and for storage until your return from Tortuguero.

Single accommodations are limited and are available on a first-come, first-served basis. Single rate subject to change based on availability.

The transfer from San Jose to Tortuguero National Park by coach and then by boat will take approximately 5 hours in total.

For air-inclusive reservations, the name provided at time of booking must match your government-issued ID that will be used during travel. Name changes are subject to penalties.

Air inclusive rate is valid for guests who have purchased our air package for the full tour, depending on the air schedule selected. Rate may vary for those who have purchased their own air.



Special Needs Form

Please complete this form, sign and return it to us within 14 days of receipt.

Email: TravelOperations@collette.com

Fax: 401.727.4745

Mail: Collette: Travel Operations
180 Middle Street
Pawtucket, RI 02860

TRAVELERS NEEDING SPECIAL ASSISTANCE

You must report any disability requiring special attention to Collette at the time the reservation is made. *Collette will make reasonable efforts to accommodate the special needs of our participants. Such participants, however, should be aware that the Americans with Disabilities Act is inapplicable outside of the United States and facilities outside the United States for disabled individuals are limited. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable of and totally responsible for providing the assistance. Neither Collette nor its personnel, nor its suppliers, may physically lift or assist clients into transportation vehicles. If a traveler thinks he or she might need assistance during a trip, he or she should call Collette to determine what assistance might reasonably be given. Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities. Internationally, a great deal of walking may be necessary to fully enjoy the destination. Travelers should be in good health and must be able to walk reasonable distances. In some areas, travelers may be required to walk on uneven ground, cobblestone streets or raised thresholds.

****To request a wheelchair accessible room on a cruise, the traveler or person sharing the room must have a recognized disability that alters a major life function and requires the use of a mobility device and the use of the accessible features provided in the wheelchair accessible stateroom. The cruise company may take appropriate action against someone who has reserved or purchased such a stateroom fraudulently. Action may include but is not limited to removal from the stateroom to a non-accessible accommodation up to denial of boarding.***

Reservation # _____

Name: _____ Male or Female (circle one)

Are you traveling with a wheelchair? Yes No

If you answer "YES"

- Does your wheelchair collapse? Yes No
- Can you stand and climb steps to board the coach without it? Yes No
- Are you capable of lifting your own wheelchair? Yes No

If you are not capable of lifting your own wheelchair who will provide assistance?

This form cannot be processed without the dimensions of your wheelchair:

Height _____ Length _____ Width _____

Are you traveling with a walker? Yes No

If you answer "YES"

- Does your walker collapse? Yes No

This form cannot be processed without the dimensions of your walker:

Height _____ Length _____
Width _____

Tour Managers and drivers do not provide assistance lifting, pushing or carrying wheelchairs or walkers. Motorized scooters are not permitted on tour.

Are you requesting any hotel room accommodations? Yes No

If "YES" Please indicate if one or more of the following is required in the washroom.

- Walk-in shower Yes No
- Grab bars Yes No
- Raised toilet seat Yes No

Please provide any details in reference to the nature of your request.

Most hotel rooms that can accommodate the request will be equipped with only 1 bed.

Do you understand and accept? Yes No

Collette cannot guarantee the availability of such rooms as many hotels have a limited number of rooms that are equipped with the above accommodations.

Are you traveling with an oxygen tank? Yes No

If you answer “YES”

- You must contact the airline directly to arrange transportation of the oxygen on the plane. Oxygen requests vary by airline and location and can take up to 2 weeks to request.
- You are responsible for supplying your own electrical cords, and converters as needed.

This form must be remitted within 14 days of receipt for any special needs accommodation request.

Collette cannot provide special individual assistance to tour members with special needs for walking, dining, or other routine activities and motorized scooters are not permitted on tour.

The Americans with Disabilities Act only applies in the United States. Many international destinations cannot accommodate passengers’ requests. Collette will make all reasonable efforts to accommodate the special needs of tour participants, but we cannot guarantee that all requests will be honored on international destinations.

Collette also regrets that it cannot provide individual assistance to a tour member with special needs for walking, dining, or other special personal needs. It is strongly recommended that persons requiring assistance be accompanied by a companion who is capable and totally responsible for the assistance.

I have read and understand the above:

Signature: _____

Print Name: _____

Internal Use Only

Reason: _____

Tour: _____ Reservation # _____

TS/Group: _____

Tour Date: _____